



The Secrets of Mental Supremacy (Paperback)

By MR W R Latson

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book will provide you with all the tips, tricks and techniques you need to dramatically improve your memory and concentration, sharpen your mental focus, and increase your mental energy and alertness. In fact, this book contains all the simple, step-by-step instructions and exercises you need to achieve mental supremacy. Let me ask you a few questions: - Is fading memory or mental fatigue sabotaging your work performance, personal relationships, or independence? - Do you misplace things, lose your train of thought, or quickly forget a name you just learned? - Do you want to stop forgetting appointments, birthdays, and other important dates? - Would you like to work more efficiently at your job? - Would you like to study less and get better grades? - Would you like to finally be able to remember the names and faces of people you meet? If you want to remember and recall information more easily, think faster and with more clarity, and be more mentally fresh at the end of the day, then reading this book is a must for you....

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