



A Transforming Divorce: Lessons from One Man s Journey

By Art Coses

iUniverse, United States, 2007. Paperback. Book Condition: New. 198 x 122 mm. Language: English . Brand New Book ***** Print on Demand *****.A long-practicing psychologist and psychotherapist says that A Transforming Divorce: Lessons From One Man s Journey is Poignant, succinct, accurate, compassionate, painful, heartening, wise, restorative! Easy to read. Penetrates deeply. In this concise book, Art Coses sensitively shares valuable lessons he learned during his divorce. In it, Art emphasizes a healthful, ethical, legally diligent, and mindful divorce journey. A set of divorce aphorisms (lessons) is at the heart of this thoughtfully-written work, and each chapter is carefully designed to support one of these sensible teachings. For example, the aphorism of the chapter On Human Shields is Honor the rights and autonomy of all those around you during your divorce; encourage understanding and neutrality from your children, and take no human shields. Here, as in the other chapters, Art openly communicates his personal divorce experiences which form the basis of the chapter s lesson. Divorce marks the tragic demise of a marriage which started with hopes, dreams and promises; it is the heartbreaking death of a beloved-the marriage itself. It is important to our wellbeing that we grow from...



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