



## What s Happening to My Body? Book for Girls: Revised Edition (Paperback)

By Lynda Madaras, Area Madaras, Simon Sullivan

HarperCollins Publishers Inc, United States, 2007. Paperback. Condition: New. Revised edition. Language: English . Brand New Book. Everything preteen and teen girls need to know about their changing bodies and feelings Written by an experienced educator and her daughter in a reassuring and down-to-earth style, The What s Happening to My Body? Book for Girls gives sensitive straight talk on: the body s changing size and shape; the growth spurt; breast development; the reproductive organs; the menstrual cycle; body hair; diet and exercise; romantic and sexual feelings; and puberty in the opposite sex. It also includes information on anorexia and bulimia, sexually transmitted diseases, AIDS, and birth control. Featuring detailed illustrations and real-life stories throughout, plus an introduction for parents and a helpful resource section, this bestselling growing-up guide is an essential puberty education and health book for all girls ages 10 and up. Selected as a Best Book for Young Adults by the American Library Association.

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Cambridge University Press, 2014. UNK. Book Condition: New. New Book. Shipped from US within 10 to 14 business days. Established seller since 2000.



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