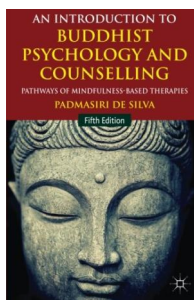


An Introduction to Buddhist Psychology and Counselling: Pathways of Mindfulness-Based Therapies



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