



## Journey to Wholeness (Paperback)

By Sandy Smyth

Xulon Press, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.JOURNEY TO WHOLENESS THROUGH THE CREATIVE ARTS Sandy Smyth Theological Studies, Yale Divinity School; Religious Studies, Sacred Heart University; Art Education, Elmira College. At first, I ran by the creek; At last, the creek ran through me. Wholeness, I believe, is the fleeting state of being in which we experience the joy of Heaven on Earth; moments in which we are in complete harmony with God, ourselves and creation entire to experience what I call, Paradise Within. The consistent religious experience for me is how close I feel to God and wholeness when steeping in Silence, surrounded by natural beauty, particularly in the woods and at the seashore of Connecticut (where I live with my husband, two French bulldogs and a cat). I also believe that when we are the most broken, the creative process--because it connects us to the loving Spirit deep within--can bring us into wholeness through art-making. By art-making, I mean making poems, stories, paintings, sculptures, dances, plays, music and the like. Expressing feelings through art restores harmony within. Art is a medium for communication of feelings, self discovery...



**READ ONLINE**

[ 2.6 MB ]

### Reviews

*It in a single of the most popular publication. Sure, it really is engage in, still an interesting and amazing literature. Your life period will be change the instant you full reading this book.*

-- **Abel O'Kon Sr.**

*It in a of my personal favorite pdf. Of course, it really is play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Nicholas Ratke**