



Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids (Paperback)

By Mary Cay Ricci, Margaret Lee

Prufrock Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. All parents want their children to be successful in school, sports, and extracurricular activities. But it's not just about giving your kids praise or setting them on the right direction. Research shows that success is often dependent on mindset. Hard work, perseverance, and effort are all hallmarks of a growth mindset. That's where Mindsets for Parents: Strategies to Encourage Growth Mindsets in Kids comes in. Designed to provide parents with a roadmap for developing a growth mindset home environment, this book's conversational style and real-world examples make the popular mindset topic approachable and engaging. It includes tools for informally assessing the mindsets of both parent and child, easy-to-understand brain research, and suggested strategies and resources for use with children of any age. This book gives parents and guardians powerful knowledge and methods to help themselves and their children learn to embrace life's challenges with a growth mindset and an eye toward increasing their effort and success!.



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