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## It s Your Life - Avoid the Cocktail Effect of Harmful Chemicals in Your Body (Paperback)

By Norman Ratcliffe

Cranmore Publications, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.About this book: 1 Parents should read this book as babies, children and pregnant women are potentially more vulnerable than adults to toxic chemicals. 2 The total chemical load of the body and the origin of these toxins from preservatives, colourants and sweeteners is explained. 3 The interaction of these chemicals and possible dangers are described. 4 Advice on reducing your body burden of chemicals is given. Professor Norman Ratcliffe is a Fellow of the Royal Society of Medicine and has published over 200 books and research papers on immunology, cancer, influenza, tropical diseases and MRSA. Five years ago Professor Ratcliffe decided to produce a comprehensive but easily accessible book on health and fitness to help people of all different ages lead more healthy and fulfilling lives; the result of this five year project is the It s Your Life series of books. There are six books in the series; five of these offer advice in specific areas, whilst the sixth - It s Your Life: End the confusion from inconsistent health advice - includes all of the advice given in the...


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